Susan Deaton & daughter Carolyn enjoy their garden, 1985 Barwick, KY

Sally Bowling, 96, "and still going strong!" shares bounty from her backyard garden in Madison, KY

July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June 1996 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	**1** *Canada Day* Read about Raven, Thunderbird, & Nanabozo - Canadian folk heroes	**2** *Literacy Day* Help sow methodologies for human capacity development	**3** ***Dog Days begin*** Cool down with children beneath the water sprinkler	**4** *Independence Day* Have faith in the power of non-violent means to bring about social change	**5** Fresh foods - fresh outlook!	**6** Develop body skills
7 *Star Festival (Japan)* *Peace Sunday* *last quarter* Make peace your mission	**8** 1835 - Liberty Bell cracked Support politically active groups	**9** *Ice Cream Day* Create your own flavor of ice cream	**10** 1985 - Bombing of Rainbow Warrior Help bring grassroots toxics movement to bear on Federal & local levels	**11** *Cheer Up The Lonely Day* Be conscious of the struggles of oppressed people	**12** *Henry David Thoreau b. 1817* "I am singularly refreshed in winter when I hear of service-berries, poke-weed, juniper. Is not heaven made up of these cheap summer glories?" -H.D.T.	**13** Create & steadily work towards long term goals
14 *W. Guthrie b. 1912* *Bastille Day* ***Space Week*** Listen to the earth and each other	**15** *St. Swithin's Day* "St. Swithin's Day, if thou dost rain, for 40 days it will remain; St. Swithin's Day, if thou be fair, for 40 days, 'twill rain nae mair."	**16** ***Therapeutic Recreation Week*** Stretch regularly to maintain flexibility & mobility for a lifetime	**17** Try fresh black-berries for a REAL treat	**18** *Hula Festival (Hawaii)* Recycle toys	**19** Litter is ugly - & dangerous to wildlife	**20** 1969 - 1st Moon Landing How often do you star gaze; can you name any?
21 ***Captive Nations Week*** Participate in sister city and cultural exchanges	**22** Offer prayers for reconciliation	**23** *first quarter* Make notes on pluses & minuses of your garden to improve next year's	**24** *Amelia Earhart b. 1898* Dare to dream	**25** *St. James Day (Spain)* Perform a daily deed for peace	**26** Deal openly, honestly, & fairly	**27** Squeezed for time? Build some parameters
28 *Annual Gilroy, CA Garlic Festival* Romans considered garlic an aphrodisiac	**29** *St. Martha Day* "Expect fine weather if larks fly high and sing long." -Lore	**30** Harvest watermelons when the belly side turns a yellowish white	**31** Have long thoughts & talks through the mail	July spans the zodiac signs of **Cancer**, the Crab (June 21 - July 22) and **Leo**, the Lion (July 23 - August 22) Peach Month Picnic Month National Ice Cream Month Anti-Boredom Month Recreation & Parks Month **Flower:** larkspur **Birthstone:** ruby		*August 1996* S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31