Warning against fluoride usage during pregnancy

CHA Director Dr. John Yiamouyiannis warned: "Pregnant women should stay away from drugs and toxic chemicals. In particular, I am referring to the UPI coverage, dateline Portland, Maine, of an ill-advised experiment being conducted by the USPHS on a projected 1200 pregnant women."

"The USPHS plans to give half of these women tablets containing 1 milligram (mg) of the toxic chemical fluoride to be taken daily. If the fluoride passes through the placenta," Yiamouyiannis warned, "the possibility of birth defects is very real."

"Research from the Seibersdorf Research Center in Austria shows that one milligram of fluoride in one quart of water interferes with the normal genetic repair mechanisms in the body. In this study, one milligram of fluoride is given in one small tablet. Interference with genetic repair mechanisms substantially increase the likelihood of birth defects."

"In fact," he continued, "Dr. Aly Mohamed from the University of Missouri at Kansas City has already found that genetic damage is increased as a result of drinking fluoridated water. Dr. A. Iarez and coworkers from the Central University of Venezuela at Caracas found that fluoride added to the drinking water of female rats produced birth defects in their offspring."

Dr. Yiamouyiannis discussed these facts and more extensive research done concerning fluoride and genetic damage in his recent book **Fluoride: The Aging Factor.** Dr. Yiamouyiannis is a biochemist and has served as chief witness and science counsel in court cases in Illinois and Pennsylvania where the respective judges ruled that fluoridation created a public health hazard and ordered it stopped.

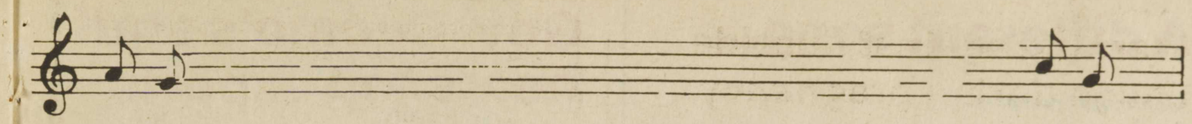
"The fear I have is not limited to the 1200 women who are at risk from this experiment; it goes to all the other pregnant women who are anxious about making sure their unborn children have good teeth but are unaware of the side-effects."

Dr. Yiamouyiannis urged those who live in fluoridated areas as well as those who administer fluoride tablets and drops to their children to get a copy of the July-August 1984 issue of *Environmental Action* or write to the Center for Health Action for further information.

Foremost among our ascertainable needs are these simple requisites:

1. Pure air.
2. Pure water.
3. Comfortable temperature.
4. Adequate sleep.
5. Proper foods.
6. Vigorous and strenuous activity. *You can't have optimum health without functional vigor that derives from exercise or physical activity.*
7. Sunshine and natural light.
8. Rest and relaxation.
9. Play and recreation. *This should be both physical and mental in nature.*
10. Emotional poise. *Your feelings are born of the conditions of your life. If you make your conditions right, your feelings will be euphoric and outgoing.*
11. Security of life and its means. *Insecurity leads to emotional stresses that rob us of well-being.*
12. Pleasant environment. *This applies to all our surroundings including those people who comprise it.*
13. Creative useful work. *Humans feel right only when they can fend for themselves and supply their needs by their own efforts.*
14. Self-mastery. *When you know what makes you and the world tick, this knowledge will liberate your mind.*
15. Belonging to a group or social circle. *As gregarious creatures humans do not thrive unless within a context of peers on some level.*
16. Inspiration, motivation, purpose and commitment.
17. Expression of the reproductive instincts.
18. Love, appreciation and esteem.
19. Satisfaction of the aesthetic senses. *We must have harmony, beauty and goodness in our lives.*
20. Interaction with peers *about feelings, matters of intellectual moments, life's affairs and problems. This is implicit to belonging to a social group.*
21. A sense of self-reliance and self-worth. *Trusting your own inherent powers and your ability to do things is essential to well-being.*

From the **HEALTH FORMULA**
by T.C. Fry



They sing a different song in court

The published studies of Sir Richard Doll and Dr. Leo Kinlen (often referred to as the Oxford University Studies or the Royal College of Physicians Studies), Professor David Newell (often referred to as the Royal Statistical Society Studies or the University of Newcastle-on-Tyne Studies) and Dr. John David Erickson (often referred to as Center for Disease Control) profess to show no link between fluoridation and cancer but when put through the careful scruntiny of cross-examination, these authors have admitted or had to supply evidence showing in fact, that cancer rates are higher and have been rising faster in fluoridated areas.

Sir Richard Doll was asked the following question regarding absolute increases in age-sex-race adjusted cancer deaths in fluoridated vs. nonfluoridated areas used in his own study.

Q. "Well, the figures* speak for themselves, don't they, and would you agree that in general terms they show, whichever method you use, that the fluoridated cities do worse than the nonfluoridated cities in comparison as to what happened between 1950 and 1970?"

A. "Yes, I do agree, and that is why I said this paper was the first paper which I thought was of any consequence..."

Transcript from The Scottish Court Case, pages 19260-19261

* of 7.1, 6.0, and 4.8 excess cancer deaths per 100,000 population (using 1950, 1960, and 1970 U.S. reference populations) in fluoridated vs. nonfluoridated areas — page 19259

Professor David Newell admitted that his own study showed an absolute increase of 3.7 excess cancer deaths per 100,000 population in fluoridated areas vs. nonfluoridated areas.

Transcript from The Scottish Court Case, page 9838

Professor Newell was also asked about speeches he made in South Africa and Australia where he gave the impression that Burk-Yiamouyiannis "never made any adjustment for age, race, and sex." When asked

Q. "Don't you agree that that is the impression which you convey by the documents to which I have referred."

Professor Newell replied

A. "Yes, I would think so."

Q. "And isn't that impression a wholly misleading impression?"

A. "It was not my intention to mislead."

Q. "It is quite untrue to say, is it not, that Burk-Yiamouyiannis made no adjustment?"

A. "Yes it is. I admit that I was wrong."

Transcript from The Scottish Court Case, pages 9805-9806

Dr. Leo Kinlen admitted that his own study showed that the cancer incidence at sites he felt would most likely be affected by fluoridation were 5% higher in the fluoridated areas he examined than in the nonfluoridated areas. On cross-examination, he was asked about this study.

Q. "Doctor, did you go over those calculations as I had gone through them?"

A. "Yes."

Q. "Do they appear to be correct, sir?"

A. "Yes."

Q. "In other words, the figure for the fluoridated column appears to be 1.03, does it not?"

A. "Yes."

Q. "And the figure for the nonfluoridaated area appears to be 0.98 does it not?"

A. "Yes."

Q. "And does that not indicate that the fluoridated group appeared to have approximately a five percent greater cancer incidence rate than the nonfluoridated group?"

A. "The left [the cancer incidence figure in the fluoridated column] was 5% larger than the right [the cancer incidence figure from the nonfluoridated column]."

Kinlen's Transcript from The Pittsburgh Court Case, pages 29-30.

Dr. John Erickson, during testimony in the Scottish Court Case presented evidence confirming the work of Drs. Burk and Yiamouyiannis who showed that the fluoridation-linked increase in cancer death rate occurred primarily in people 45 years of age and older. This data

(Continued on page 8)