Various Aspects of Relating

93-09 *Boundaries.* Examines issues related to personal and interpersonal boundaries, and is relevant for persons seeking freedom from homosexuality as well as support group leaders. Discusses important aspects of boundaries related to sexuality, physical contact, emotional expression, a person's thought life, and spirituality, as well as boundary violations, the relationship between boundaries and abuse, and specific issues for women. (Melanie Geyer)

92-30 *Building Healthy Friendships.* Explores the need for healthy same-sex intimacy built over a substantial period of time. Exposes the unhealthy and sometimes destructive patterns we have developed in our lives. Jonathan and David are used as an example of an intimate, non-erotic friendship. Emphasizes the importance of commitment and loyalty within proper boundaries, and the importance of multiple friendships. (Linda Cortez)

89-51 *Developing Healthy Friendships.* Goes beyond issues of emotional dependency into the "how-to's" of building and maintaining healthy friendships. Discusses forming friendships through centering in on God and setting outward boundaries to ensure that a good relationship does not digress into old patterns. (Jody Spinuzza)

90-58 *Ex-Gay Men Relating to Women.* When leaving the homosexual lifestyle, many men continue to build friendships with women. Not fully understanding the differences between men's and women's emotional/relational responses, many ex-gay men turn women onto a romantic path without realizing it, sometimes causing misunderstandings and pain. Explains the proper way for an ex-gay man to develop safe, godly relationships with women. (John Smid and Anita Worthen)

94-60 *Facing Our Need for Intimacy.* Intimacy is not an "ex-gay" problem, but a people problem. This class explores our need for intimacy and our fears in finding it. Contrary to popular belief, all our intimacy needs for cannot be met through romantic relationships. This class looks at ways we have tried to meet intimacy needs in the past, and how we can get needs met through God and those He puts in our path. (Anita Worthen)

89-49 *Growing into Healthy Heterosexual Friendships.* All men and women need to develop proper networks for relationships. Presents the challenge to take positive steps toward healthy heterosexual relationships. What constitutes a healthy relationship: community, bonding, rebonding, learning our rights, and breaking inner vows. (Vern Dunmire)

93-26 *Healthy Personal Boundaries.* Personal boundaries are the foundation for healthy relational boundaries. The purpose of this presentation is that participants find what boundaries are, what boundaries exist or don't exist in their lives, and how to build and maintain needed boundaries. (Kathy Fisher)

91-01 *Living the Word of Reconciliation.* Practical message on reconciliation in relationships. (Joe Dallas)

92-63 *Loneliness: Resisting the Urge to Merge.* Addresses the problem of loneliness with reference to those overcoming homosexuality. There is a definite gap as one rejects the old and seeks to embrace the new. Looks at the root causes of loneliness. The bulk of the teaching addresses the spiritual aspect of this problem, and concludes with practical application to overcoming loneliness. Does *not* cover how to make and keep friends. (Jeanette Howard)

91-45 *Misogyny: Hatred of Women.* Roots and symptoms of misogyny, misogyny and the lesbian, misogyny and the male homosexual, misogyny in the Church, and cultural misogyny. Discusses recovery and healing prayer. (Willa Medinger)

92-72 *Misogyny (Male Perspective).* A male counselor's perspective on misogyny (the hatred of women). (Tom Nelson)

87-11 *Moving into Heterosexual Relationships.* Presentation by the founder of Love In Action and his wife; they married in 1984. (Frank and Anita Worthen)

93-45 *Reconciling with Parents.* Designed to challenge men and women overcoming homosexuality to be reconciled with their parents. Provides some insights into proper expectations of parents, blocks to true reconciliation, and usable guidelines for progress towards reconciliation. (Wendell and Nancy Anderson)

92-01 *Relationships, Part 1: The High Priority of Relationships.* The keynote series by Don Baker on developing intimacy in interpersonal relationships. **92-02 *Relationships, Part 2: How to Heal Fractured Relationships.* 92-03 *Relationships, Part 3: Unresolved Conflicts that Destroy Relationships.*** (Don Baker)

87-49 *Search for Intimacy and Freedom in Friendships.* Practical teaching from the founding director of Overcomers, a long-time "ex-gay" ministry in Chicago. (Judy-Rae Karlsen)

90-51 *Straight Women in an Ex-Gay World.* Much of Anita's time in ministry has been spent helping single women walk through a relationship with a man who struggled with homosexuality. Often this woman comes from a damaged background, with needs she's trying to meet. Looks at why some women are drawn to ex-gay men, their underlying motivations and needs, and finding healthy ways of relating. (Anita Worthen and John Smid)

Ministry and Leadership

Ministry Vision

89-17 *Ex-Gay Ministry in the '90s, Part 1: The Next Wave.* The keynote series by Sy Rogers; three informative, challenging sessions on being a relevant church/ministry in the 1990s and beyond, which requires discerning real needs of men and women. **89-30 *Ex-Gay Ministry in the '90s, Part 2: Weeds.* 89-47 *Ex-Gay Ministry in the '90s, Part 3: This Means War.*** (Sy Rogers)

Leadership Principles/Personal Development

89-65 *Answering the Call to Leadership.* Explores how God prepares a person for leadership and how we can cooperate in the process. Addresses character development, neurotic patterns that can destroy both leaders and followers, and ways that leaders can maintain a balanced life and prevent burnout. (Jody Spinuzza)

92-75 *Avoiding Burnout.* Ministry leaders are especially prone to burnout. Exodus leaders must constantly guard themselves against this "parasite." Burnout can diminish the effectiveness of the ministry as well as the individual. Defines burnout and explores its symptoms, causes, avoidance, and recovery. (Tom Nelson)

91-42 *Boundary-Setting in Ministry.* Learning how to live out of appropriate boundaries in our relationships. Explores how we as leaders can establish boundaries that keep us free from contributing to others' broken boundaries while, at the same time, enabling us to secure the love we need from the right sources. Places special attention on how Jesus, as the center of our lives, enables us to discern and rectify the subtle boundary violations that occur between ourselves and those we seek to serve. (Andy Comiskey)

91-03 *Developing Leadership, Part 1: Humility and Integrity.* An in-depth look at two areas of vital importance to all leaders: humility and integrity. Gives special application to leaders of ex-gay ministries. **91-09 *Developing Leadership, Part 2: Accountability.*** An in-depth look at the vital issue of accountability. Gives special application to leaders of ex-gay ministries. (Andy Comiskey)

93-65 *Emotional Setbacks in Leadership.* Focuses on the emotional difficulties encountered by leaders, including personal crises, difficulties with co-workers, temptations, burnout, and discouragement. Approaches each problem by defining the factors leading to it, common ways leaders respond, prevention techniques, and conflict resolution. (Joe Dallas)

93-67 *Empower with Blessing.* Examines the Old Testament style of blessing and how to appropriate it into ministry to others. Blessing others empowers them; instilling acceptance, love, and value. It is physically, emotionally, and spiritually beneficial. (Regina Carl)

90-29 *Honesty: The Key to Effective Leadership.* In ex-gay ministry, we are called to heal others in areas where we ourselves may still be wounded. Honesty in admitting our own vulnerability is key to our own healing, as well as to our effectiveness in helping others. Through appropriate, humble confession of our own weaknesses, we are freed from fear and shame. Clearly describes how our own commitment to honesty can free us to be effective and powerful "wounded healers." (Andy Comiskey)

89-01 *Importance of Accountability.* A practical teaching and challenge, from the founder of Reconciliation Ministries in Detroit. (Jack Hickey)

90-24 *Integrity in Ministry.* A prophetic challenge to successful leadership, identification with God's people, covenant commitment to a team and vision, finding your destiny through servanthood, and leadership by commitment and humility. (John Dawson)

94-51 *Integrity in Ministry.* The ex-gay ministry leader often comes from a background of low self-esteem, badly needs affirmation, and sometimes still is vulnerable either emotionally or sexually. Still, he or she must maintain standards of integrity that allow for no compromises or slips. Offers practical guidelines and safeguards to help the ministry leader-not only to keep from compromising or falling, but to actually grow in personal integrity. (Alan Medinger)

94-46 *Non-Sexual Relationships that Prevent Progress (for men).* Are you looking for further resolve in your homosexual struggles, but find you still feel trapped? Sometimes there are relationship definitions and behaviors that still involve homosexual elements, even though celibacy has been attained. A powerful look at factors which you may not recognize are holding you back. (John Smid)

93-60 *Performance Orientation and Perfectionism.* Examines the symptoms of perfectionism, performance orientation, and warning signs of burnout. Looks at healthy ways to maintain a balanced life of caring for ourselves while continuing to meet the demands of ministry. (Regina Carl)

87-06 *Preventing Your Ministry from Becoming an Idol.* Defines idolatry and characteristics of an idolized ministry (lack of boundaries, success orientation, professional jealousies, over-sensitivity and defensiveness, legalism, "us-them mentality," etc.). Examines how to recognize this sin, smash the idols, and reap the blessings of obedience. (Joel Afman)

90-48 *Principles of Leadership.* What makes the successful leader? Examines personality qualities in good and poor leaders. (Frank Worthen)

94-74 *The Role of the Ministry Leader.* Not everyone is a born leader, but an understanding of the leader's role can help anyone become more effective in their leadership. Discusses how we can grow in our ability to lead, and offers practical helps to strengthen not only the leader but the ministry also. (Alan Medinger)

94-75 *Sacrifice of Commitment.* Being in full-time ministry is very rewarding and most would want no other life. But there can also be hurt and disappointments. Being a leader can look like the way to be popular and have everyone admire you. But do we really consider the cost? Do we understand what the Lord expects of us? All who consider leadership should desire first to serve, and then trust God for the right timing to lead. (Anita Worthen)

94-22 *Survival Kit for Leaders' Wives.* Satan is at war, and what better way to destroy a ministry than to tear apart a leader's marriage. Addresses issues like: the loneliness and isolation suffered by leaders' wives, knowing when to speak out, overcoming our need to control and protect our husbands. Finding a healthy balance, so we don't ignore our needs, and still recognize our important role as spouse. (Anita Worthen)

89-13 *When Helping You is Hurting Me.* Many in the helping/counseling professions neglect their own growth, substituting work on someone else's problems for work on their own. Examines the "Messiah Complex" and its problem patterns in helping others. (Lari Dunmire)

89-04 *Wounded Healers.* Learning how to understand