Visiting Nurse Service & Affiliates
1200 McArthur Drive
Akron ,OH 44320
(800) 362-0031

The Women's Health Screening Network

"The Pink Ribbon Project"

Services:
Clinical Breast Exam, Pap Test, Colposcopy with Biopsy, Mammogram, Pelvic Exam & Fine Needle Aspiration.

Eligibility:
Underinsured or uninsured women (200% of poverty or below); Age 50 or over for breast cancer screening; Age 40+ for cervical cancer screening.

For more information, call 375-2489 or 1-800-381-2489.

ENCORE *plus*

YWCA of the U.S.A.

The YWCA's Early Detection Breast and Cervical Cancer Health Education and Referral Collaborative

For more information, call the YWCA at 535-1245 or 253-6131.

Blick Clinic, Inc.

(330) 376-7273

American Diabetes Association

The American Diabetes Association's America's Walk for Diabetes is soon approaching and the only thing missing is you! Please join us on Sunday, October 4, 1998 in Akron, Cleveland, and Youngstown to let people know that diabetes kills more Americans every year than Aids and Breast Cancer combined. Now that you know, pick up the phone and register today by calling the American Diabetes Association at (330) 762-7487 or 1-888-DIABETES (342-2383). Help us to walk our way to a cure!

American Heart Association℠

Fighting Heart Disease and Stroke

Area African-American churches are invited to search their hearts at an upcoming training hosted by the American Heart Association of Summit County. "We're targeting African-Americans because they, as a whole, have a much higher incidence of high blood pressure than the rest of the population."

Training will take place on Saturday, October 17, 1998 at the YWCA located at: 670 W. Exchange St. and will run from 9:00 a.m. - 12:00 p.m. There is no cost and each church that attends will receive one free Search Your Heart Kit.

For more information or to register by phone, please call the Akron American Heart Association at (3300 867-9987. The deadline to register is October 1, 1998.

SMOKERS ANONYMOUS

There are a lot of people out there who think they will never be free from this addiction and will die from their smoking. This 12-step program offers hope and freedom. "All that is needed is a desire to stop smoking."

Stow:
Tuesday Evenings
7:30p.m.
Stow United Methodist Church (Basement)
4880 Fishcreek Road
Call Bob, 688-4860

Fairlawn:
Thursday Evenings
7:30p.m.
Faith Lutheran Church
2762 W. Market St.

Home-Based Family Life Education

The first three years of life are very important forming organized patterns of learning and parenting/child bonding.

The Home-Based Family Life Education is a program of Family Services, made possible by a United Way Development Grant. The program presently serves families with children from infancy to age three. There is no fee to the parents for participating in this program.

The program takes place in the family's home with activities that include, parent education, parent/child interaction activities, infant stimulation activities, mentoring and case management.

Emma Black, B.A., case manager for Family Services/Teenage Parents Center, is the educator for this program. For more information, call 761-2685.

Family services

FREE MEDICAL CARE

Town Hall II Clinic
Kent/Ravenna 678-3009

Edgewood Community Center
434-0110

Barberton-Summit County Free Clinic
745-7471

Medicine Wheel Clinic
724-1280

New Face of Fitness

Monday, Wednesday, Friday
8:30 - 9:30 a.m.

Tuesday, Thursday
7:30 - 8:30 p.m.

New Face of Fitness is a program designed for people who have tried other weight loss programs and have not been able to succeed.

New Face of Fitness is for you!!!

The program combines physical movement with personal assessment, nutrition and support groups. New Face of Fitness is for everyone and has been designed for people who are overweight, have high blood pressure, diabetes or just haven't worked out in a while.

Come and see what all the weight loss is about!

For more information call Michelle at:

(330) 375-2446

YWCA of Summit County