Psychosynthesis for the Helping Professional:

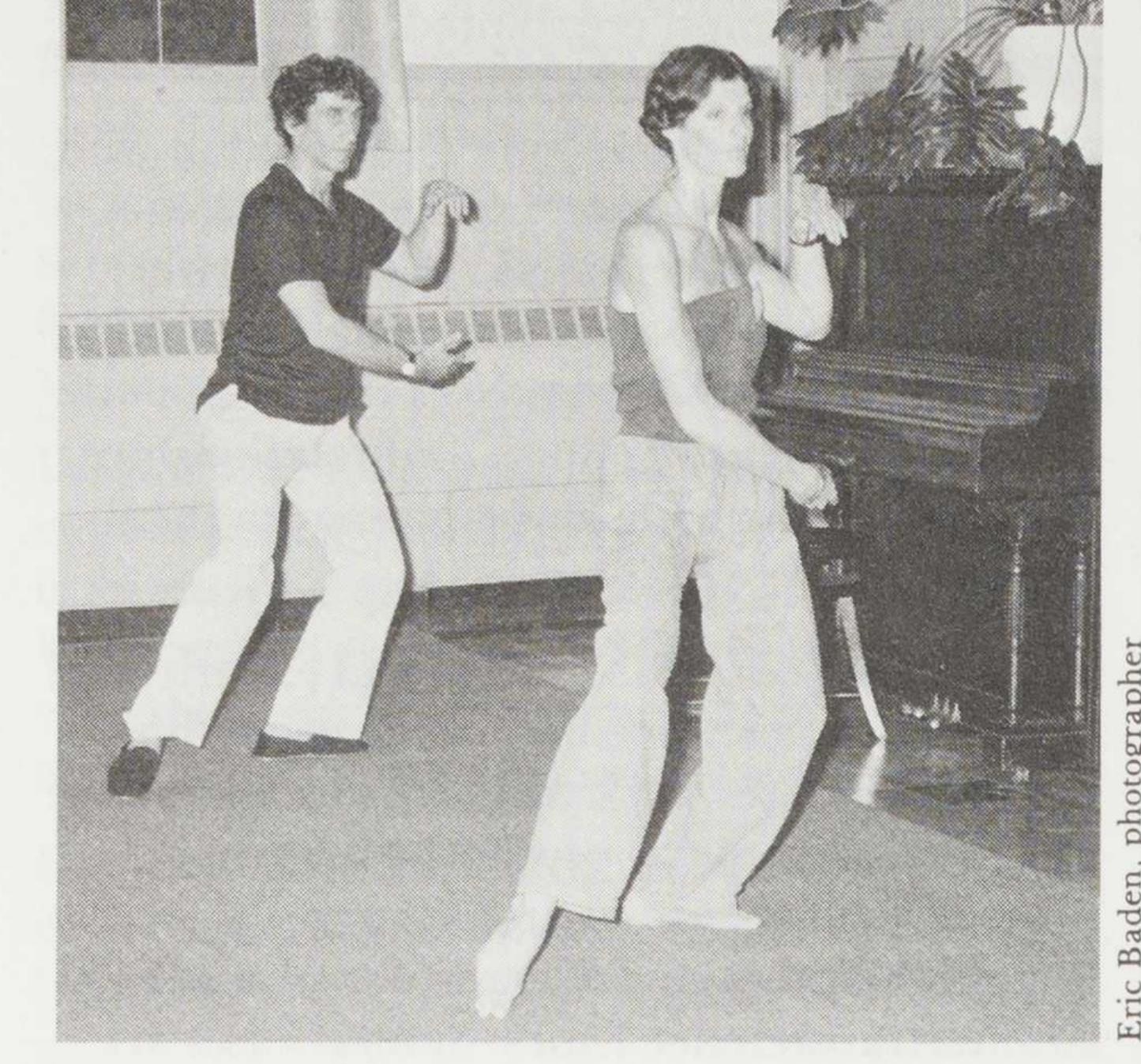
An Intensive Introduction with Thomas Yeomans, Ph.D.

IO667 A Six-Day Intensive
Friday, July 13, 7 PM-10 PM
Saturday through Tuesday, July 14-17
10 AM-6 PM
Wednesday, July 18, 10 AM-1 PM
Member: \$290 Non-Member: \$300

Psychosynthesis, first formulated in 1910 by the Italian psychiatrist Roberto Assagioli, and gradually developed over the last 70 years in Europe and North America, is based on principles that can be used to understand both the dynamics of individual development and of planetary evolution. These principles provide an integrated approach to human growth that includes transpersonal as well as personal dimensions of experience.

Psychosynthesis draws on both Eastern and Western psychological thought to describe the process by which the Self develops, re-organizes, and eventually infuses the personality. It seeks always to cooperate with the innate tendencies within the psyche toward greater maturity, while at the same time carefully working through blocks to this process.

This intensive training, led by Thomas
Yeomans who trained directly with Roberto
Assagioli, is designed to introduce
professionals in the various helping fields to
the major principles and practice of
Psychosynthesis. The program includes
conceptual, experiential and process work,
demonstration, and extensive practicum.
Emphasis is on gaining skills of immediate use
in both personal and professional life.



Gunther Weil and Rylin Malone demonstrate
Tai Chi.

The Tao of Love and Sex:

An Intensive Workshop In the Art of Harmonious Relationships with Gunther Weil, Ph.D. and Rylin Malone

WO670 A Four-Day Workshop Saturday through Tuesday, July 14-17 9:30 AM-5:30 PM

Member: \$235 Non-Member: \$245

In this workshop, participants learn a variety of methods for creating a profound sexual and spiritual union, based on the ancient Taoist Esoteric Yoga system of physical, emotional and spiritual development and the powerful contemporary communication technology of Neuro-Linguistic Programming.

Meditation and Emotional Health

The capacity to really love and sustain intimacy with another begins with learning how to love oneself. According to the Taoist system, this ability is based on a deep understanding and control of sexual energy and the transformation of negative emotions. Taoist Meditation ("The Microcosmic Orbit" and "Fusion" formulas) awakens, circulates and preserves the generative life force energy, reduces stress, transforms negative emotions, and creates a deep physiological and energetic basis for genuine self-respect and self-love.

Taoist Sexual Secrets

In addition to these unique Meditation practices participants learn the Taoist methods for increasing and exchanging sexual energy and raising lovemaking to a sublime art. The transformation of sexual energy has been recognized by many spiritual traditions as a revitalizing physical and spiritual force in intimate relationships. Simple and practical techniques for achieving this are rarely taught and in the past have been considered quite secret.

Centering and Grounding Through Chi Kung

Taoist Iron Shirt Chi Kung is a simple and powerful series of exercises that rapidly increase physical integrity and energy. Through the practice of Chi Kung, participants improve stamina, strengthen the tendons, muscles and vital organs, and ground themselves physically and psychologically. Working individually and with a partner, participants learn to take in and neutralize another person's force without losing autonomy. Participants explore the application of this method to daily life situations involving intimacy and independence.

Intimate Communication

Conflicts in relationships often arise because we misinterpret body language and the meaning of words. We communicate on many levels with even the simplest statements or gestures, but we frequently get stuck with habitually limited ways of perceiving and responding. Neuro-Linguistic Programming (NLP) has evolved a framework for coding and sensitizing our perceptions and interpretations of others and expanding our repertoire of verbal and non-verbal behavior. We explore the application of NLP to The Tao of Love and Sex.

"I got in touch with some inner wisdom, visions of things I've always wanted in life, within this supportive and empowering atmosphere." J.W., Computer Consultant

The Art of Empowerment

with Gail Straub and David Gershon, M.A.

IO672 A Five-Day Intensive Monday through Friday, July 16-20 10 AM-7 PM

Member: \$335 Non-Member: \$345

For the past few years, Gail Straub and David Gershon have facilitated the Empowerment Workshop for hundreds of people throughout the country. As a result of guiding these individuals, they have formulated a mode of facilitation/guiding/healing that is highly empowered, profoundly growthful, and full of joy. The purpose of this week-long training is both to experience personal empowerment, as well as to learn the art of empowering others.

Gail and David feel that our ability to empower others depends on a strong foundation of personal empowerment. Thus, in the early stages of this training we concentrate on your personal empowerment. You gain the following: 1) clear understanding of the power of thought and how it creates your reality; 2) thorough working knowledge of the metaphysics of manifestation, such that you are able to create what you truly want in life; 3) full experience and firsthand knowledge of the empowerment growth model which facilitates optimum well-being and full potential; 4) greater clarity of your life purpose.

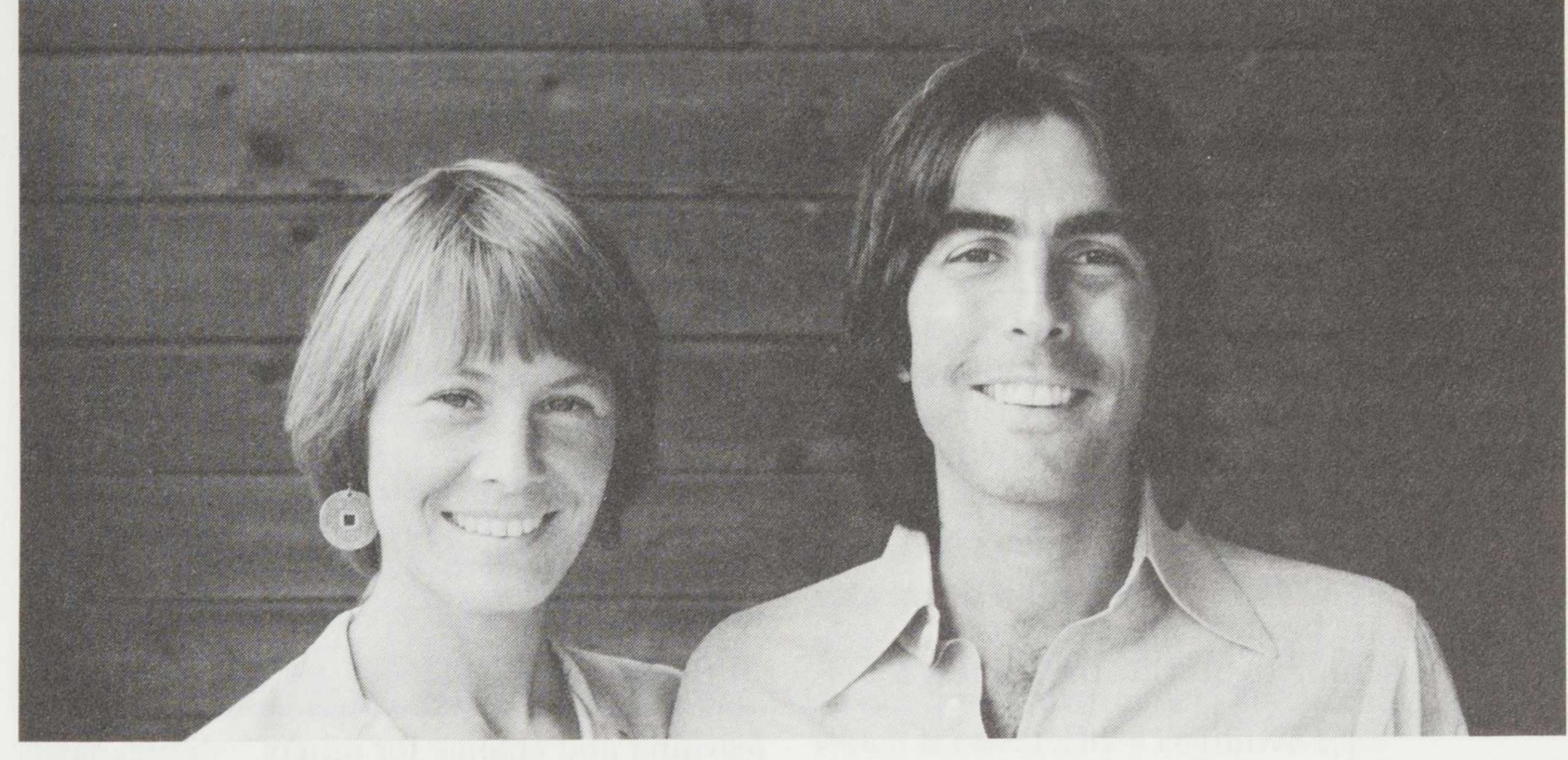
The second stage of the training focuses on the art of empowering others. How do we empower our clients, colleagues, friends, and children? Specifically, we concentrate on the following: development of intuition skills; clarifying your unique inner gifts and how to incorporate them into empowering others; the essential role of vulnerability, authenticity, and heart-centered communication in empowerment; the importance of multifaceted access in the learning process (i.e., the use of mental, physical, emotional, and spiritual approaches); how to inspire potential in others; the concept of "guide versus guru"; and the relationship between personal and planetary empowerment.

The Art of Empowerment training is both didactic and experiential. Participants utilize journal writing, body work, play, inner awareness exercises, ritual, music, art work, and group process.

This training is appropriate for therapists, health care professionals, group facilitators, educators, business managers, and entrepreneurs.

"The workshop surpassed my expectations in many ways. It was thoroughly enjoyable, fulfilling and empowering."

C.B., Consultant



Gail Straub and David Gershon

NLP, Hypnosis, and Storytelling

with Steve Josephs, Ed.D. and Gunther Weil, Ph.D.

WO674 A Two-Day Workshop
Saturday and Sunday, July 21 and 22
10 AM-5 PM

Member: \$90 Non-Member: \$100

IO677 A Two-Day Intensive Monday and Tuesday, July 23 and 24 10 AM-5 PM

Member: \$90 Non-Member: \$100

Neuro-Linguistic Programming (NLP) is an innovative behavioral technology that teaches how to observe language patterns and subtle non-verbal behavior to communicate more effectively. Combined with the sophistication of hypnosis and the magic of storytelling, it can be a powerful and creative means for effecting change in therapeutic situations, education, and in business or professional environments.

In the workshop, we are introduced to the conceptual framework of NLP and have the opportunity to gain experience with some of the major techniques. The essential elements of the art of storytelling are presented so that we learn how to create effective stories and metaphors, as well as learn to improve our delivery.

The weekend portion of the workshop focuses on the basics of NLP, hypnotic inductions and storytelling. In the following two days, we explore in-depth gathering of information; more advanced utilization of trance states; and tailoring these tools for maximizing impact in a variety of applications.

The two-day workshop or equivalent study is a prerequisite for the intensive.

Healing as a Creative Art/ Creating as a Healing Art

with Dawna Markova, Ph.D. and Andy Bryner

IO678 A Five-Day Intensive
Wednesday through Sunday, July 25-29
10 AM-5 PM

Member: \$265 Non-Member: \$275

Dawna and Andy lead this intensive exploration of the relationship between healing and centering. The focus is on the untaught, unfiltered, untouched 90 percent of an individual's resources. The aim is to uncover each participant's unique gifts, and to unfold a view of our specific personal history as a process of health and sanity . . . and a work of art. Storytelling, dancing, drawing, music, and personal work are interwoven with practices drawn from Ericksonian hypnotherapy, metaphoric learning, transformational psychotherapy, Outward Bound, applied kinesiology, and psychophysical education.

Specific exercises experientially demonstrate: the creative and diagnostic uses of the language of intuition; the use of body symbology as a way to transform "negative" symptoms and experiences into creative and healing processes; drawing on the untapped resources of the human energy system; how to avoid "burn-out" by caring for yourself as you care for others; the expansion of non-judgmental perception and receptivity.