light on the ways HIV attacks the body, there are new developments in treatment, and more is being learned about the needs of infected people. However, there never seems to be a lack of people spreading misleading information about this disease and one of the most gullible audiences is the Church. Current (1992) information to help sort fact from fiction. (Duane Crumb)

89-43 *Ministry to the Dying Client and His Family.* Practical principles, taught by a nurse with extensive experience in ministry to people infected and affected by AIDS. (Bonnie Miller, R.N.)

93-41 *Pastoral Care for Someone with HIV/AIDS.* For effective care, the caregiver should have a broad understanding of the emotional, psychological, physical, and spiritual aspects of AIDS. A simple spiritual approach of prayer for healing and Bible study often misses the mark. Helping the pastoral care-giver become more aware of how the issues previously mentioned interact with each other can provide a more balanced and "wholistic" approach to ministry. (Peter Héroux)

89-37 *Starting an AIDS Ministry.* Getting pastoral support, educating your church and home groups, tools in preparation, possible ways of reaching out, assessing available resources, development of doctrine/policy, letting people know you're there, principles of ministering to people with AIDS, integration of the ministry within the Church, and the role of prayer. (Jonathan Hunter)

Personal Wholeness

Basic Aspects of the Healing Process

90-46 *Affirming Touch.* Examines same-sex relationships and the role of "affirming touch." Covers the joy and potential pitfalls, healing touch in the biblical tradition, Western culture contrasted with the ancient Hebrew culture, biblical examples of intimate same-sex friendships, and integrity. (Jeremy Marks)

88-08 *Basics of Spiritual Warfare.* Presentation by the author of *The Fight,* on practical principles of spiritual warfare. (Dr. John White)

93-04 *Beyond Ourselves.* Teaching by Joe Dallas on getting beyond ourselves to ministering to others, with a practical and personal testimony by Mary Heathman. (Joe Dallas and Mary Heathman)

94-19 *Biblical Stories Which Facilitate Healing.* Using two Scripture passages (John 11:1-44; Mark 5:25-34), participants will strengthen their understanding of how God operates in the healing process. They will recognize how and where, through our own responsibility and commitment, we can be open to God's healing for ourselves and with others. (Howard Milton)

94-20 *Breaking Free from Self-Hatred-The Emergence of the Cross.* Deep within the heart of those struggling with homosexuality lies rejection of self and self-hatred. Recovery involves addressing this destructive root. Key in the healing of overcomers is knowing how the cross of Christ can break into our lives, bringing restoration and wholeness. (Janine Puls)

94-44 *Breaking Strongholds.* (Robert McGee)

94-33 *Building Healthy Self-Esteem as a Key to Prevention and Restoration.* Self-esteem affects every aspect of a person's life. Healthy self-esteem involves recognizing the value of all people, including ourselves, and having the character to be accountable for ourselves and to act responsibly toward others. It's more about being good and doing good than feeling good. Specific and practical guidelines for improving the self-esteem components of security, identity, belonging, purpose, and competence. (Kathy Koch)

93-51 *Casting Down Vain Imaginations: Putting the "Phantom" to Death.* Strategies to address reclaiming imaginations that have been more negative than positive. Instead of quick fix cliches that end discussion, the focus is on practical steps and applications to taking ownership of one's thought life. (Katherine Allen)

87-01 *Clearing the Path for Healing.* Practical teaching from the originator of the Living Waters and Pursuing Sexual Wholeness materials. (Andy Comiskey)

90-20 *Daily Self-Therapy that Heals.* Many people fail to do the daily work needed to heal homosexuality. They are discouraged by slow progress, and rely too much on weekly ministry meetings, counseling sessions, or dramatic breakthroughs. How to recognize and change the dysfunctional "interior talk" which perpetuates the homosexual wound, and instead capture the daily opportunities from God to accelerate wholeness and healing. (Dr. Bill Consiglio)

94-23 *Dare to Desire and Live with Longings.* Do your desires sometimes seem consuming and out of control? Is it hard to gain a "realistic perspective" amidst all of your pressing hopes and desires? Or have you instead found safety in an inner deadness and numbness, fearing that if you open the door to desire, your thirsty soul will be engulfed by the weight of your own longing? Come venture into an Old Testament story as we explore the faculty of desire and depth of heart. There is a paradox to desire that may surprise you! (Janelle Hallman)

93-66 *Endurance: Sticking with the Recovery Process.* The recovery process seems so wonderful at first. But as the process drags on for months, maybe even years, resolve begins to fade. Exploring those feelings of despair and exhaustion, but then moving on to see the dynamics of growth and what "wholeness" really looks like. Concrete suggestions for renewing our first hope, and making action plans for reaching one's ultimate goal. (Lari Dunmire)

93-08 *Hope Makes the Heart Grow.* Our victory over our past is never fully complete. This class challenges ex-gays to be honest and realistic about their failures and struggles, their victories and successes. (John Smid)

92-33 *Journey to Wholeness: Restoration of the Soul.* Covers the developmental process of spiritual growth and wholeness, giving an overview of the individual response and the Church's responsibility. Includes the intimate relationship, the healing community, and the compassionate

life. (Dr. Stan DeKoven)

93-07 *Looking Beyond.* Going beyond ourselves and current situations to more of what God has in store for us. (Pat Allan)

92-04 *Make Known His Deeds.* Practical and inspirational message on letting others know the wondrous things God has done in our lives, as a testimony of His greatness. (Joe Dallas)

90-01 *Making Meaningful Commitment.* A practical challenge from Exodus Board member Pat Allan, who has been out of the lesbian lifestyle since 1980. (Pat Allan)

94-10 *Markers of Progress: Ways to Measure Change.* Is there a way to measure progress in the resolution of homosexuality? Are there some markers of change? This class identifies three groups of Overcomers which show characteristics or markers of functional and dysfunctional resolutions of homosexuality, and six important attitudes that facilitate progress. (Bill Consiglio)

91-39 *The Ministry of Grace in a Hostile World.* A relaxed, informal storytelling of an allegory about Christian growth. (Dr. Rod Wilson)

94-05 *Out of the Wreck I Rise (Romans 8:35).* God doesn't promise to keep us from pain and difficulty. Difficulties are never a welcomed event. But, whatever the severity, it cannot "separate us from the love of Christ." (Harry Schaumburg)

93-36 *Perseverance: Soldiers of the Cross.* Practical and biblical help for all Christians. The vision of Jean's organization, "Servants of His Heart," is "to raise up, restore and release into God's service those who were once blind, brokenhearted and bound by the powers of darkness. (Jean Norment)

92-07 *The Power of Forgiveness.* A practical look at forgiveness by a woman who survived sexual abuse and damaging family relationships. (Starla Allen)

87-02 *Renewing the Inner Person.* General presentation on the topic by long-time Exodus ministry leader. (Sy Rogers)

94-17 *Resisting Temptation.* Learning how to successfully resist temptation is necessary if we are going to grow in our relationship with Jesus Christ and in our healing. Yet, many of us are caught unprepared when temptation hits. We must know our enemies, the weaponry God has given us, and employ appropriate strategies that will help us be victorious. (Bud Searcy)

94-01 *The Search for Significance: Part 1.* Based on the book of the same name, this session addresses how we create a destructive self image, and God's provision for this problem. **94-02 *The Search for Significance: Part 2.*** (Robert McGee)

90-68 *Understanding and Breaking Sin Patterns.* Practical principles, taught by a former pastor who lost his church ministry due to homosexual involvement. (Don Crossland)

92-26 *Understanding Religious Addiction.* Develops an understanding of religious addictive cycles from formulation to late stages. Most importantly, it explores the recovery processes and steps for treatment. Highlights the contrast of religious addiction compared to God's grace and unconditional love. (Don Holland)

92-39 *Understanding the Nature of Addiction.* A substantial number of homosexual strugglers are multi-addicted. Unless we deal with all addictions, and eventually dismantle the addictive cycle, we will still have roadblocks to healing. Looks at the nature of addiction in an attempt to discover important keys and implications for effective healing. (Bud Searcy)

93-31 *Ways of Praying for Inner Healing.* Principles of healing prayer, taught by one of the first Catholic priests in the Charismatic Renewal. (Francis MacNutt)

92-08 *The Word of Your Testimony.* Many people in the Bible spoke with great confidence about what the Lord had accomplished in their lives. Where did their boldness come from? What could motivate them to a willingness even to give up their lives for the truth? The word of our testimony is a weapon to win spiritual battles (Rev. 12:10-11). Sharing what God has done in our lives is important—and when it comes to our transformation out of homosexuality, this is doubly true. (John Smid)

Emotional Dynamics

90-77 *Conquering Bitterness.* Bitterness is like a festering sore–a cancerous condition which can consume. If you've ever experienced irritability, discontent, fatigue, nervous tension, resentment, or jealousy, you could be suffering from unresolved bitterness. Helps identify whether or not bitterness is working in your life, and shows how to effectively be set free from its grip. (Jim Brooks)

94-66 *Dealing with Depression.* Many people struggle with depression at one time or another. Explores some of the issues involved in depression, including causes, destructive responses, and results of depression. Gives practical help on living with and overcoming depression. (Patti Brunold)

88-26 *Depression and Lifestyle Transition.* Any major life change can trigger depression in an individual, even changes seen as "positive" by others. Helpful insights from a professional psychiatrist. (Dr. John White)

90-22 *Emotional Dynamics Common to Recovery.* Overviews five basic phases of emotional experiences common to the individual coming out of homosexuality: dissatisfaction, repentance, enlightenment, confrontation, and resolution. In each section, Joe presents the general theoretical overview and Jeff relates his own personal experiences in recovery. (Joe Dallas and Jeff Konrad)

91-38 *Healing, Part 1: Forgiveness, the Heart of Inner Healing.* Dr. Seamands' series of three general sessions derive from his books on healing of damaged emotions. **91-19 *Healing, Part 2: God's Children: Bound Up or Set Free?* 91-56 *Healing, Part 3: The Weakest and Strongest Words of Healing.*** (Dr. David Seamands)

94-30 *Mistakes Made Surrounding Forgiveness.* The