

monogamous relationship. *If you plan to have sex anyway, do so with the utmost care, use a condom and ask the right question, but don't think for a minute you are having 'safe sex.'*

"Abstinence is the best policy when it comes to sex outside of a longstanding monogamous relationship [emphasis added]." [Birmingham Post-Herald, 12/19/91].

■ "Abstinence is the only true comprehensive sex education; only abstinence provides 100 percent protection physically, emotionally, and psychologically." "Quick Facts on Safe-Sex," p. 12]

■ There are over 1,000,000 teenage pregnancies each year; 3,000,000 new cases of teenage sexually transmitted diseases are reported each year; between 1985 and 1990, syphilis alone rose 60 percent among teens 15 to 19; since 1970, the unmarried teen birth rate has risen 61 percent." [Lloyd Kolbe, Centers for Disease Control, 6/90; *In Focus*, 1992]

■ Planned Parenthood reports that the number-one reason teens begin sexual activity is peer pressure. So-called "safe sex" programs *increase* peer pressure.

■ A Louis Harris poll found that 90 percent of teens admitted they had become promiscuous simply because of perceived peer pressure. Eighty percent felt they had been drawn into sex too soon. [*American Teens Speak*, Harris & Associates]

■ Poll after poll is finding that the most important question for many teens is how to say "no" to sex without hurting his/her feelings. Most teens are not comfortable with premarital sex.

■ Despite what you hear, everybody is not "doing it"! According to the Centers for Disease Control, about 20 percent of high school students are "sexually active." However, the CDC considers a person sexually active if he/she had sex even once during the three months prior to the survey. For some of these teens, it may have been the first time, the only time, or the last time! In another study, 14 percent of the so-called "sexually active" teens studied had only had intercourse once. [*Family Planning Perspective*, 1/92]

■ Many teens have never heard of "secondary virginity" because "safe sex" promoters don't think it's possible to stop having sex. If you're traveling down a road and realize you're going the wrong way, do you just keep going? Or, do you *use your common sense, turn around, and come back to find the right way?* That's what secondary virginity is all about. Teens are coming back every day.

■ People who promote "safe sex" believe that teens are not capable of "saying no" to sex. They don't believe you have the strength, the courage, or the sense to practice chastity—sexual self-control. The Alabama Physicians for Life know that *you are capable* of saying "no"; we believe in you! *It's not easy to say "no," but nothing worthwhile in life comes easy.*

■ A December '91 *USA Today* poll, "Safe Sex vs. No Sex," calls chastity the "second sexual revolution."

■ People are starting to realize that "safe sex" *is not safe at all—just deadly.*

■ *Chastity is smart, worry-free, and healthy.*

Well, what do you think? Now that you know some medical facts about "safe sex," it doesn't seem quite so safe and easy, does it?

Is "safe sex" worth the risk??
It's your health; it's your life. . .
You decide. . .

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