JOURNAL AMERICAN DENTAL ASSOC., VOL. 84, FEBRUARY, 1972

"The results of the survey indicated that fluoridation did not affect dentists' incomes, fees, and nature of treatment to any significant degree." *Impact of water fluoridation on dental practice and dental manpower.* (This study actually showed dentists' incomes higher in fluoridated cities, and more dental services required.)

JOURNAL OF NUTRITION, 106:115-1122, 1976

"The data do not support the previous claims of an essential role of fluoride in reproduction . . . there is no basis for a claim of fluoride essentiality." *Evidence for a Lack of an Effect of Dietary Fluoride Level on Reproduction in Mice,* S. Tao and J. W. Suttie, Dept. of Biochemistry, Coll. of Agri. and Life Sciences, University of Wisconsin-Madison.

SOME CAUTIONS LISTED IN U. S. PHARMACOPEIA DISPENSING INFORMATION, PHYSICIAN'S DESK REFERENCE, FEDERAL REGISTER AND VIRGINIA DEPT. OF HEALTH

U. S. PHARMACOPEIA DISPENSING INFORMATION, 1981
VITAMINS AND FLUORIDE (SYSTEMIC)
(The dosage here would correlate with the amount of fluoride consumed in water daily, unless you are in a warm climate, construction work, diabetic, athlete, etc., in which case you could consume more water and consume more fluoride than would be in this prescription.)

*"BEFORE USING THIS MEDICINE, your physician or dentist should be told:
- if you have ever had any unusual reaction to medicines containing fluorides.
- if you have any of the following medical problems:

Heart disease, Kidney disease,
Osteosclerosis (bone disease)
Underactive thyroid gland

"Taking even slightly too much fluoride over a period of time may cause unwanted effects."

"STOP TAKING THIS MEDICINE AND CHECK WITH YOUR PHYSICIAN IMMEDIATELY if any of the following side effects occur as they may be symptoms of overdose:

"Black tarry stools, Bloody vomit, Diarrhea, Drowsiness,
Faintness, Nausea and Vomiting, Shallow Breathing,
Stomach cramps or pain, Tremors, Unusual excitement,
Unusual increase in saliva, Watery eyes, Weakness,
Constipation, Loss of appetite, Pain and aching of bones,
Skin rash, Sores in mouth and on the lips, Stiffness,
Weight loss, White, brown, or black discoloration of teeth."

"Other side effects not listed above may also occur in some patients."

A CITY COUNCIL THAT INJECTS FLUORIDE INTO YOUR DRINKING WATER IS ACTING AS YOUR DOCTOR OR DENTIST. WE SUGGEST YOU NOTIFY THEM OF ANY SIDE EFFECTS OF FLUORIDE, AND THAT YOU REMIND THEM YOU DID NOT SIGN AN *INFORMED CONSENT AFFIDAVIT.* SWFT

PHYSICIANS' DESK REFERENCE, 1981

Precautions: Dental fluorosis (mottling)* may result from exceeding the recommended dose in hypersensitive individuals, fluorides occasionally cause skin eruptions such as atopic dermatitis, eczema or urticaria. Gastric distress, headache and weakness have also been reported. These hypersensitivity reactions usually disappear promptly after discontinuation of the fluoride. In rare cases a delay in the eruption of teeth has been reported."

*Mottling of teeth doesn't disappear. They get darker.

FOR FULL 45 PAGE STUDY, SEND $8.10 TO
TOXICOLOGY DEPT., DEPT. OF HEALTH, VIRGINIA, 1980
109 GOVERNOR ST., RICHMOND, VA. 23219

". . . there may be many experiencing such symptoms who have no idea that fluoride in the drinking water may be the cause."

(VA. DEPT. OF HEALTH CONTINUES TO PROMOTE FLUORIDATION.)

FEDERAL REGISTER, VOL. 45, NO. 62, MARCH 28, 1980

"DENTIFRICES . . . Children under 6 years of age should be supervised in the use of this product."

"DENTAL RINSES . . . Do not swallow. Developing teeth of children under 6 years of age may become permanently discolored if excessive amounts of fluoride are repeatedly swallowed."

(If it isn't safe to swallow fluoride in toothpaste, it isn't safe to swallow fluoride in water. Permanently discolored (mottled) teeth is an outward sign of fluoride poisoning in a child. This poisoning would be happening in other cells, but would not show in the teeth of an adult.)