FLUORIDATION IS THE ENTERING WEDGE FOR MASS MEDICATION WITHOUT CONSENT
U.S.P.H. IS WORKING ON OTHER DRUGS FOR WATER SUPPLY DISTRIBUTION

WE DO NOT WANT TO BE TREATED FOR DISEASES WE DO NOT HAVE AND MAY NEVER GET.

Naturally Fluoridated Food

AT EVERY GROCERY — NO EXTRA CHARGE

FLUORIDE TABLETS ONLY COST A CITY 45c PER 1,000 IN LARGE QUANTITIES
FROM BREWER & CO., INC., 67 UNION ST., WORCESTER 8, MASS.

ALTERNATIVES TO FLUORIDATION OF WATER SUPPLIES

Some of the many other ways in which to give chemically pure fluorides to those who want them, rather than dumping raw impure industrial waste into everyone's drinking water.

1. Topical Application -- A 2% solution of sodium fluoride painted on children's teeth. This is being done in many parts of the country.

2. Bone Meal Tablets or capsules — made from selected "Beef Bone" of healthy young cattle. Bone meal not only contains fluorine in its natural organic state, but also contains calcium, phosphorus and many other trace elements. Fluorine in this combination is not as toxic as sodium fluoride.

3. Fluoride-treated distilled water. Dr. John E. Waters (dentist) of Coronado, Calif., in a letter printed in DENTAL SURVEY, Nov. 1953, Vol. 29, No. 11 describes this method: "Two and 21 hundredths grams of sodium fluoride dissolved in one gallon of distilled water will make a solution containing 1.0 milligram of fluorine per teaspoonful. My local pharmacist will dispense a gallon of such solution for 75 cents, thereby providing 1.0 milligram of fluorine per day for a youngster for nearly three years. It can be served on cereals or other foods or in milk or fruit juices. In that strength and amount it would be tasteless and unobjectionable. Only the individual to be treated would be "fluoridated". What could be simpler or more economical?"

4. Dental caries has been prevented 100% in children and pregnant women by brushing the teeth, and rinsing the mouth with milk of magnesia after meals and before retiring. No prescription needed.

5. Sea salt, which contains fluoride, and trace elements that are considered necessary in nutrition, is a delectable seasoning for meat and vegetables. Available at all Health Food stores, and some Drug stores, price 16c per lb. Sea salt may be used as a dentifrice.

DR. CHARLES GORDON HEYD, PAST PRESIDENT OF THE AMERICAN MEDICAL ASSOCIATION,

said: "If you think you must have fluoride for your children's teeth, the only ones who should have it are those between 5 and 10 years of age, and of course some of them will get mottled teeth."

"Pity the good looking talented young people who aspire to careers on T.V., the stage, as salesmen, teachers, receptionists or even marriage, whose plans will be blighted because their first smile reveals ugly repulsive looking mottled teeth.

Should they not be entitled to sue the city whose artificially fluoridated water is the sole cause of their mottled teeth (Dental Fluorosis), and collect a substantial amount of money to repay them for their blighted careers?

SHOULD NOT THE CITY BE FINANCIALLY RESPONSIBLE?
THINK IT OVER."

The Hidden Expense Of Fluoridation

FLUORIDE CORRODES PLUMBING

Water Heaters, Water Mains and Car Radiators

An article in the Saturday Evening Post 4-15-61 carried a two page picture of the 11-29-60 San Francisco water main break. Thirty Fourth Ave. was turned into a churning river, washing away paving, sidewalks, and front yards.

An editor's note stated "No chemical in San Francisco's water other than fluoride could have been responsible; of all chemicals in San Francisco's water, none is as violently reactive or as likely to cause corrosion as fluoride." This 16 in. main was only 10 years old.

RUST IN THE MAIN CONTAINED 6,000 PARTS PER MILLION FLUORIDE

This is only one of many examples of property damage

NATURAL SOURCES OF FLUORIDE

In Parts Per Million

Acid Calcium Phosphate baking powder	3000.0--4000.0
Tea	30.0--1750.0
Gelatin	160.0-- 200.0
Celery leaves	60.0-- 135.0
Cabbage leaves	34.0
Canned mackerel	26.9
Canned sardines	7.3-- 12.5
Canned Salmon; Rice	8.5-- 9.0
Spinach	6.0-- 8.0
Celery stalks	3.6-- 7.6
Fresh fish	1.6-- 7.0
Rye bread	5.3
Canned shrimp	4.4
Smoked herring	3.5
Gingerbread	2.0
Egg yolk; Cocoa	0.4-- 2.0
Buckwheat; Frankfurter	1.7
Cheese; Liver	1.5-- 1.6
Butter; Oysters	1.5
Chicken	1.4
Round Steak	1.3
Oats; Bread	1.0-- 1.3
Pork; Honey; Corn	1.0
Tomatoes; Apples; Lettuce	0.9

Buckwheat and collard greens containing 9900 p.p.m. fluoride have been raised at State Agricultural Stations, in acid soil, without lime, when fertilized with rock phosphate fertilizer. Such an amount of fluoride would be harmful even in the organic state. Pity the poor people who season such greens with vinegar. The acetic acid in the vinegar combined with the fluoride in the greens would form fluoroacetic acid, a poison found to occur naturally in a South African plant, Dichapetalum Cymosum, known to be poisonous to livestock and human beings.

JONATHAN FORMAN, M.D., F.A.C.A., F.A.A.A.

National Chairman of the Medical-Dental Committee on the "Evaluation of Fluoridation", who edited the Ohio State Medical Journal for 22 years said: "The REAL FLUORIDE PROBLEM IS NOT HOW TO GET ENOUGH FLUORIDE INTO OUR DIET, BUT HOW TO PREVENT US FROM GETTING TOO MUCH."

The average consumption of fluorine in food has been calculated for children from 1 to 12 years of age to range from 0.27 to 0.56 milligrams. If such a diet was seasoned with sea salt to suit the average taste, the total fluoride content would be about the amount recommended by the U.S. Public Health Service.

OHIO PURE WATER ASS'N., L. S. STEVENS, CH., 72 N. MAIN ST., AKRON, O.