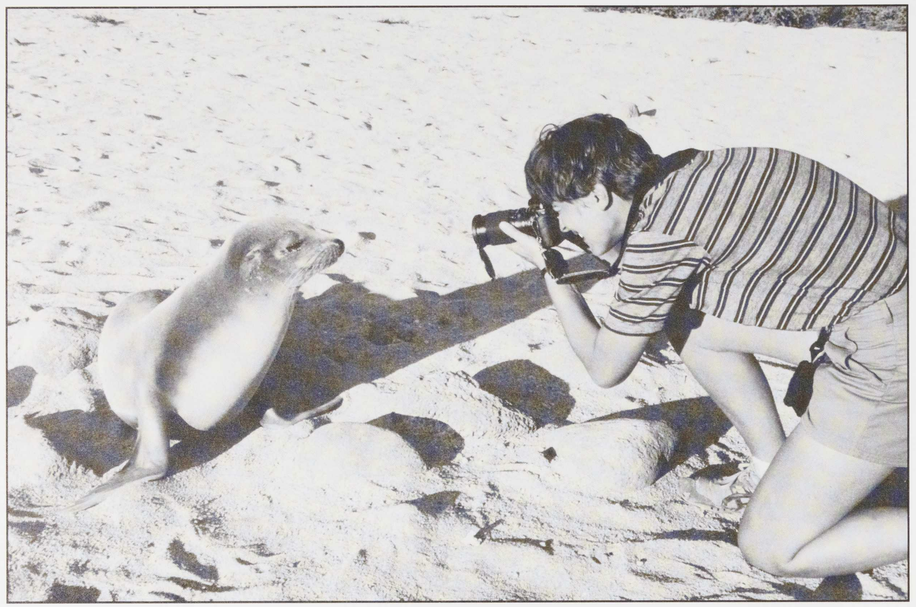

Are you ready for adventure or challenge in your life? Do you want to meet new people? Or, perhaps you want to see new places with old friends but don't have time to plan?

At Woodswomen, we have been making dreams a reality for women since 1977. As the oldest and largest women's adventure travel company, we have experience turning trips into events —to remember, to cherish, to build on.

Our guides are experienced group leaders, outdoor educators, and safety experts. They know the areas they travel in thoroughly and speak the languages. Most of all, our guides are committed to supporting you in achieving your goals.

Our participants are women like you. They range in age from 20 to beyond 70. They are usually looking for something special and nearly all say they find it. Our calendar includes trips for women of all skill and fitness, and experience levels. We travel to some of the most beautiful places on our planet: the Boundary Waters Canoe Area Wilderness, the Appalachian Mountains, the Cascade Mountains, the deserts of Utah and California, the Galapagos Islands, the Himalayas, the backroads and byways of Europe, New Zealand, South America, Africa, and dozens of other wonderful spots.

What can I expect on a Woodswomen trip?

Whether canoeing a local river or climbing a mountain, trekking in Nepal or biking in New Zealand, our trips have several common characteristics:

Fun: Participants say it's the number one characteristic of our trips. We think so too!

Safety: We don't compromise in our efforts to create an environment of physical and emotional safety. We teach what's necessary for your safety and comfort. In addition, your individual wishes are respected, as is your need for relaxing and time alone.

Environmentally sensitive: We are in the outdoors or a foreign land to enjoy our environment. We work with the land and its inhabitants, walking lightly.

Empowering: It's a great confidence builder to realize the strengths and skills you have, to try new things, and to wonder what you'll try next. You have the opportunity to develop your own traveling style free of traditional roles and expectations. You are encouraged and supported in taking on new challenges as you decide you are ready for them.

Educational: Emphasis is placed on discovering the life around us whether it be lake shore geology, haute French cooking, Tibetan Bhuddist rituals, or Renaissance art. With guide support and self-directed learning, you can increase your physical skills and outdoor judgment.

Comfortable: Traveling with Woodswomen is like traveling with a small congenial group of friends. The pace is flexible and group interaction is easy. We have time to take side trips, go bird watching, and gaze at sunsets. Dinners are in the best local restaurants where we can linger over food and conversation. Our cuisine under the stars gets superb reviews and there are gourmet touches for breakfasts and lunches. Our trips don't build in stress—we cope with what comes up with good cheer and resourcefulness.

1992 TRIPS

As you check the trips and dates below, remember we do all the planning, logistical arranging, and trip managing. All you have to do is bring yourself, your personal gear, and your dreams. We offer bicycle touring, trekking, backpacking, flat-water canoeing, whitewater canoeing, sea kayaking, whitewater rafting, snorkeling, SCUBA diving, rock climbing, mountaineering, horsepacking, and skiing. Look under each of our locations for the activity you enjoy. For a quick reference check the complete chart on page 8. To register, call us at: 1-800-279-0555 or in Minnesota call 612-822-3809. Our office is open from 9 to 5 Central Standard time. Many of our trips fill early, so we urge you to call immediately.

MINNESOTA and upper Midwest

DOG SLEDDING IN THE NORTHLAND
December 28-January 1 or February 26-March 2
Spend a relaxing vacation learning about dog sledding. Make friends with the Alaskan husky sled dogs, soak in a sauna, and play in the snow. We use a cabin as a base for cozy evenings and travel in the Superior National Forest. $465

WINTER WONDERLAND ADVENTURE
Feb 13-16 (Thurs-Sun)
Discover the winter wonderland of the Boundary Waters Wilderness Area with it's waters frozen and it's trees frosted. Learn the basics of winter camping and enjoy the quiet beauty of the winter landscape. Previous cross-country ski experience necessary. $185

ST. CROIX RIVER LEARN TO CANOE
May 8-10 (Fri eve-Sun)
"Water sets the example for the right conduct." The I Ching. A river trip is a special experience. A great introduction to canoeing. We will teach the basics of handling the boat. No previous canoeing or camping experience is necessary. Women with experience are welcome—hone your skills and practice steering. $155

WHITE WATER SCHOOL
May 15-17 (Fri eve-Sun)
One of our most popular programs! Learn to paddle confidently through fun, exciting rapids working together with other women. We're known for our organized, thorough approach, great instructors, and emphasis on safety. Brule River, Wisconsin. $185

EXPLORE THE APOSTLE ISLANDS
May 22-25 (Fri-Mon)
Explore these pristine islands covered with northern forest trees. Lake Superior, our inland sea, beckons with it's blue waters and spectacular shorelines. A great trip for women wanting an exciting adventure that includes time to relax and appreciate our surroundings. $695

LEARN TO BICYCLE TOUR
June 6-7 (Sat-Sun)
Our tour follows the scenic Mississippi River over a variety of terrain, an excellent route to try bicycle touring and get in shape for summer riding. We learn about touring equipment, loading and adjusting bikes, general maintenance, establishing a cadence, and biking safety. $115

ROLL THROUGH WISCONSIN
June 14-20 (Sun-Sat)
Join us for an exciting week of biking. We will start in Eau Claire, Wisconsin, then follow the gentle rolling hills east, passing by farmland and forests. $695

RED CEDAR TRAIL FESTIVAL
June 26-28 (Fri-Sun)
Great company, great scenery, and great food all describe this luxury weekend canoeing and bicycling though the spectacular unglaciated area. $185

CANADIAN VOYAGEURS ADVENTURE
July 12-24 (Sun-Fri)
Travel with us to the fabled land of the Canadian Voyageurs. Remembered in song and legend, the Quetico/ Superior Wilderness offers the finest lake canoeing in the world. Discover the wonders of crystalline blue waters, breathtaking waterfalls, and glacier-carved ledges and cliffs. In our two-week wilderness adventure we'll paddle through part of the Boundary Waters' most rugged and spectacular scenery. We'll explore a land of unparalleled beauty—where eagles nest, loons send out their ancient calls, and the mighty moose still wander at will. Join us for an unforgettable vacation filled with scenery, fun, and challenge! $845

BOUNDARY WATERS CANOE AREA TRIPS
The Minnesota-Ontario border country, inhabited by moose, beaver, loons, and eagles, is composed of serene lakes and streams, majestic pines, and granite rock outcroppings. It is a special experience to travel in this wilderness as our foremothers did with simplicity and respect. We keep a relaxed pace with time for swimming, exploring, and photography. Women of all experience levels are welcome. These are the next five trips described.

FOURTH OF JULY CANOE FESTIVAL
July 2-6 (Thurs-Mon)
Festival: (1) a celebration by special observances (2) a feast (3) gaiety. This trip is all of the above. Paddle down the sparkling Kawishiwi River through moose and beaver country. $395

LAKES, RIVERS, AND PICTOGRAPHS
July 19-25 (Sun-Sat)
Slow winding rivers opening into scenic lakes, changing rock formations, Indian pictographs, carnivorous plants, and a good chance of seeing moose, are high-