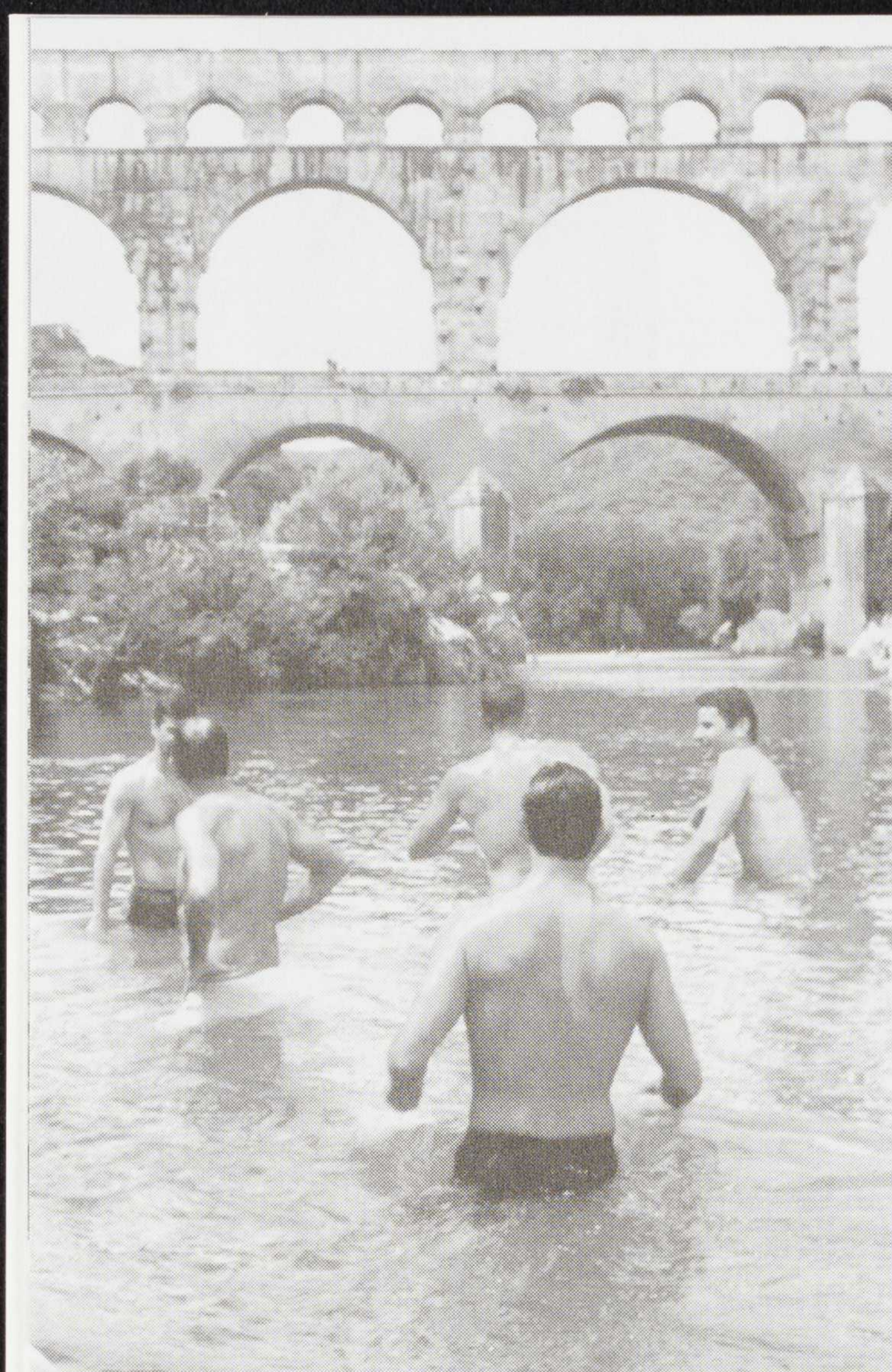




The Mistral Bike in southern France

*River gorges, wine country,
and a rendezvous with
ancient Rome*

**Begins and ends in Avignon, in
southern France.**

\$1595.00.

(Optional single supplement: \$300)

May 15 to 22, 1999

(The May 15 trip is for single gay men)

Sept. 8 to 15, 1999

What's included: *Please see page 3.*

Is this the right trip for you?

Basic cycling days are 30 to 40 miles, with rolling hills and spectacular vistas. The Mistral is more challenging than our Provençal trip, but if you've biked a 40-mile day in the past year or so (or 50 miles on flat terrain), and are ready to devote a few weekends to preparatory rides, you're all set for the week of a lifetime.



It was simply incredible. I consider myself well-traveled, but I've never experienced anything as mentally, spiritually and physically uplifting. I can't wait for my next Alyson Adventures trip.

John M. Williams, Tampa, Fla.

Absolutely one of the best trips of my life. I look forward to taking another and another.

Richard L. Harris, Denver, Col.



The countryside north of Avignon boasts magnificent scenery. Our first day of cycling takes us along quiet roads to the turreted medieval duchy of Uzes. Then we're off to the Ardeche Gorges, heading up a road sometimes carved right through the limestone cliff, followed by 15 miles along the top edge of this natural wonder. After a night on the Rhone, in the ancient town of Pont St. Esprit, we'll visit Vaison-la-Romaine, taking a moonlit stroll to its ruined hilltop castle. Finally, stop for a wine-tasting in celebrated Chateauneuf-du-Pape.

☛ Roam Avignon, an ancient city of stone ram-parts and belltowers. Explore the mazelike 14th-century Palace of the Popes.

☛ Enjoy a memorable picnic at the Pont du Gard, the 2000-year-old Roman aqueduct considered one of the 7 surviving wonders of the ancient world.

☛ Relax with a game of boule by a village stream.

☛ Cruise the rim of the Ardeche Gorges, as kayakers battle the brawling rapids a thousand feet below.

☛ Hike past rock climbers to the top of a soaring rock formation known as the Dentelles.

☛ Tour the world's best-preserved Roman amphitheater.

☛ At the end of your day, savor a well-earned three-hour gourmet dinner.

