

Please sign one or both gift cards and we'll enclose your card along with enough nutritious meals for one or two weeks or whatever you can manage. (It costs \$22.40 for a week of meals, or \$44.80 for two weeks. But any amount would be gratefully appreciated.)

This is the time of year when we need to bring new hope for those living with AIDS, their caregivers and families.

AIDS Action also tries to give peace of mind to those newly diagnosed with AIDS by helping them with the many decisions they now will be facing.

Last year alone, AIDS Action improved the lives of thousands of people with AIDS by:

- * Making sure that people have a good meal at Thanksgiving by providing 400 clients with supermarket gift certificates.
- * Furnishing 11,265 prepared meals to men and women living with AIDS.
- * Helping coordinate a program that delivers hundreds of holiday gift bags to people with AIDS.
- * Distributing 300 gift certificates to children in families affected by HIV.
- * Filling 1,192 requests for donations of needed household items, medical equipment and furniture.

All of AIDS Action's support services are free of charge, and they have assisted half of all state residents who have ever been diagnosed with AIDS.

Your special help with our meal program will make it possible for us to furnish over 10,000 prepared meals to people living with AIDS.

AIDS Action is also working hard to educate people that AIDS is preventable. Education is the only way we have of stopping AIDS but there is still much work to do...every day another four to five Massachusetts residents become infected with HIV.