RESOURCES FOR YOUR SIMPLE LIFESTYLE

Selected Publications:

99 WAYS TO A SIMPLE LIFESTYLE

SCIENCE ACTION COALITION

If you won't part with your air conditioner or car, this book will tell you how to use each more efficiently. If such items will never be part of your life, then learn how to make cheap alternatives! *99 Ways to a Simple Lifestyle* also offers you recipes for household goods such as toothpaste, deodorant, cleaners, and pesticides. And if you want to know how to organize for clean air and water, this guide is for you!

381 pages (Anchor Press/Doubleday) . . . . . ~~$5.00~~

Out of print – Hardback $12.00

APPROPRIATE TECHNOLOGY: A SELF-HELP WORKBOOK

EAST TENNESSEE DESIGN CENTER

This guide is intended to help people understand and use technologies that are economical and conserve energy. Simple explanations, and how-to information is offered for a number of topics including solar greenhouses, earth sheltered buildings, moveable insulation, compost, and micro-hydro energy. Attractive illustrations complement this loose-leaf binded workbook.

140 pages $8.50

PASSIVE SOLAR COMPOSTING TOILET PLANS

LONG BRANCH ENVIRONMENTAL EDUCATION CENTER

The passive solar composting toilet is an alternative waste recycling system that reduces pollution and creates safe and nutrient rich fertilizer for gardens and farms. The unit is simple to build and maintain using locally available materials. The plans are complete with materials list and alternative construction details.

$15.00

SOLAR FOOD DRYER PLANS

WAYNE CLARK, A.S.P.I.

Solar food drying provides an easy and inexpensive way to preserve food. These plans detail everything you'll need to know to build and operate the unit. The dryer costs under $100 to construct and is designed to double as a window box heater to warm your house in winter.

12 pages $5.00

A THEOLOGY OF THE EARTH

ALBERT FRITSCH, S.J.

This book, directed at theologians, provides theological undergirding for making science and technology responsive to human needs. It sounds a "call to become revolutionaries in a world which has been divided and spoiled by the powerful and violent."

88 pages $4.00

For postage and handling, please include $1.00 for the first book you order, and 50¢ for each additional. (KY residents add 5% sales tax.)

Simple Lifestyle Note Cards:

Twelve beautiful note card designs featuring prize-winning black and white photographs that depict the simplicity of life in Appalachia. Available in sets of 4 ($2.00), sets of 6 ($2.50), and sets of 12 ($3.75).

For postage and handling, please include 75¢ for the first set of note cards you order, and 25¢ for each additional set. (KY residents add 5% sales tax.)

Simple Lifestyle Calendars:

If you wish to order additional Appalachia 1986 - Simple Lifestyle Calendars, use the following price schedule: One-4 calendars-$4.75 each; 5-9 calendars-$3.80 each; 10 or more calendars-$2.85 each.

For postage and handling, please add $1.00 for one and two calendars, plus 15¢ for each additional above two. (KY residents add 5% sales tax.)

ORDER FORM

Prices:

_____ _____

_____ _____

_____ _____

Name _____

Address _____

_____

_____

_____ zip _____

Postage and Handling _____

Total enclosed _____

Mail to: ASPI Publications,
P.O. Box 298
Livingston, KY 40445