

- 4) To facilitate a networking system for sharing of health information between black women, National health advocates and health care professionals working with black women.

The Conference will provide information through workshops and demonstrations covering Diet and Nutrition, Exercise, Self-Examination, Dental Self-Help, and Stress Reduction and relaxation. Information for teens through the older woman will be included.

This Conference will be open to Network Members, interested women, and Health Care Professionals working with Black women in institutional settings. Continuing Education Credits will be offered.

It is proposed that the National Women's Health Network through a Black Women's Health Initiative Committee, along with the Executive Director, prepare a grant proposal and pursue funding through private foundations.

The place of the Conference to be decided at a later date. The site should be in a centrally located, racially comfortable city with facilities to accommodate space for exercise and cooking demonstrations.

B. Speaker's Bureau

Organize and expand the Network's Speakers Bureau to include speakers on Black Women's Health Issues.

Efforts will be made to seek out opportunities for speakers participation in conferences, seminars, university classes, television, and radio on issues relevant to Black Women's Health.

C. Publications

- 1) Develop articles for publication in Network News, Local and National magazines.

The Black Women's Health Initiative will develop articles incorporating an analysis of health issues and their impact on Black Women. Recommendations for preventive methods and public education will be included. Varied population will be pursued through a wide range of National Publications.

- 2) Coordinate the development of a Black Women's Health Handbook.

The handbook will provide information about health issues pertaining to Black Women. It will also show local groups how to organize a conference and other activities that will facilitate the dissemination of health information in their communities.