'Tis a Gift to Be Simple :-)

Embracing the Freedom of Living with Less

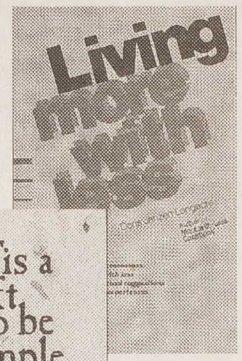
Barbara DeGrote-Sorensen and David Allen Sorensen

This story of one couple's decision to follow the proddings of both scripture and their hearts offers advice for people who are seeking the joys of simple living. For those who have felt gentle nudges toward a less hectic life, this book is a primer for getting lives, possessions, attitudes and actions back in rhythm with the Creator.
110 pp. $9. TIS

Trek: Venture into a World of Enough

Dave Schrock-Shenk and Julie Kauffman

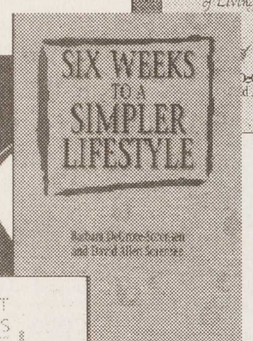
Enter into this exploration of "what is enough," and bring a friend or your family or study circle or youth group or dorm room to find out about yourself and about the world in terms of enough. "Instead of solving poverty by giving people slices of a bigger pie, we may need to change how we slice the pie we have." 70 pp. with poster, $9. TREK

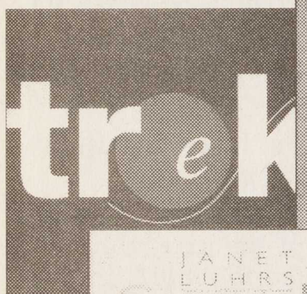


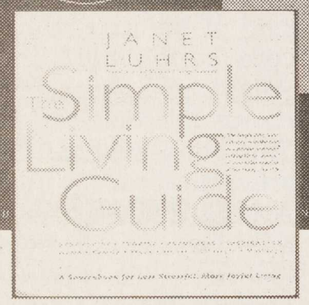
Six Weeks to a Simpler Lifestyle :-)

Barbara DeGrote-Sorensen and David Allen Sorensen

Based on themes explored in *'Tis a Gift to Be Simple*, this book offers practical ideas toward leading a more integrated, meaningful life. It includes ideas for goal setting, journal keeping, decision making and a discussion guide ideal for groups. 128 pp. $9. 6WEEKS







The Simple Living Guide

Strategies, Stories, Resources, Inspiration, Home, Family, Work, Money, Lifestyle, Holidays A Sourcebook for Less Stressful, More Joyful Living

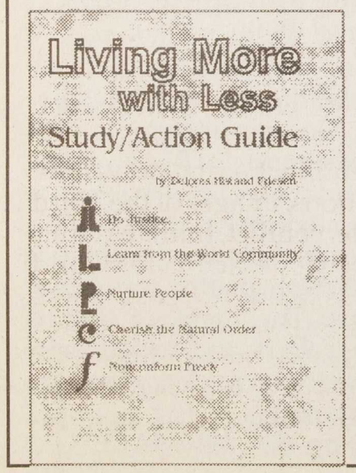
Janet Luhrs

After that subtitle, what can I say? Luhrs writes, "Simple living is about living deliberately." She also says, "Living deeply means living consciously... being fully present, fully aware... (it) means living intimately." This tome is an encyclopedia of Simple Living. 444 pp. $20. SLG

Living More with Less

Doris Janzen Longacre :-)

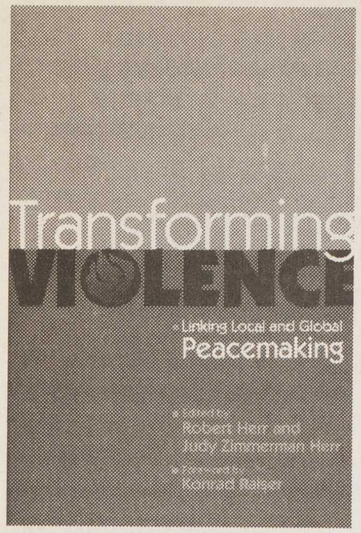
"At the heart of this exciting book are personal testimonies – scores of absorbing personal accounts of individuals and families struggling to be free from society's suffocating affluence." Practical suggestions on living with less are contained in chapters on clothing, housing, transportation, recreation and more. 294 pp. $11. LMWL



UPDATED Living More with Less Study/Action Guide :-)

Delores Histand Friesen

Designed to accompany Longacre's *Living More with Less*, this study guide helps ecumenical groups or home study groups explore lifestyle changes. *Living More with Less* is a book that asks for change. The goal of this study guide is to integrate study and life. Instead of creating guilt about our lifestyles, it offers hope by breaking down concern into manageable steps toward change. It provides an opportunity for persons to talk about their lifestyle and values in a supportive, open environment.
$10. LMWLSAG-A. Free with each purchase of five copies of *Living More with Less.*
Sing Justice! Do Justice! (see p.30) and *Sing and Rejoice!* (148 hymns), two frequently cited resources, are available at special prices.
Sing Justice! Do Justice! Only $6 with Guide.
Sing and Rejoice! $6 (cloth). S&J. Only $3 with Guide.
LMWL Study Set – all four books – for only $30.



Transforming Violence

Linking Local and Global Peacemaking

Robert Herr and Judy Zimmerman Herr, editors

Here is a book about the practice of a just peace. These essays describe effective strategies for local peacemaking and enter into a discussion of a global just peace. There is more here though than talk as Lauree Hirsch Meyer writes, "While it takes time to learn to talk clearly about experiences that have been life-changing, talk disconnected from real life generates inner tension. Theological reflection that becomes cerebral and deductive lends itself to contradictions between rhetoric and reality." You will find clear guidance here for practicing peacemaking locally as well as guidance for talking about that practice in order to effective real change. This is a great place to enter into the building of a just peace. 255 pp. $10. TRANS

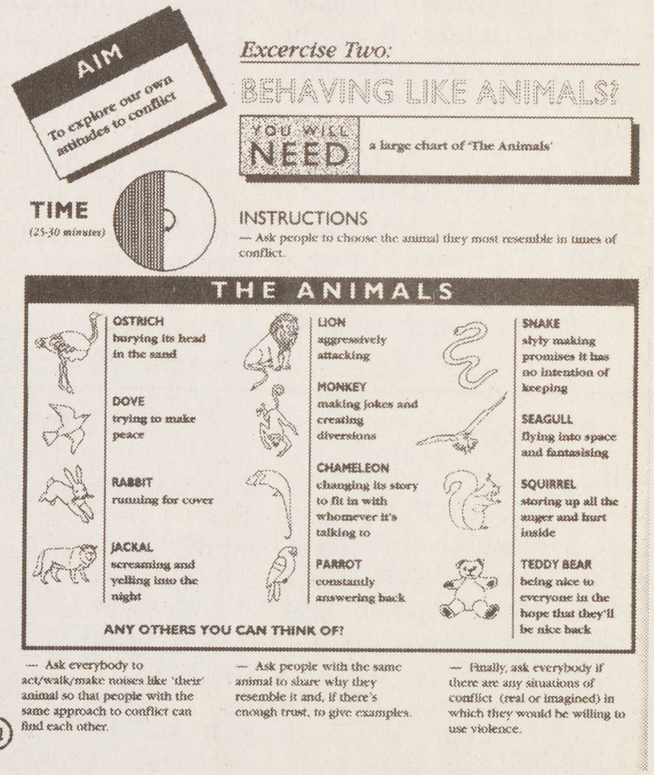
Peace & Justice

A Call to Peace

52 Meditations on the Family Pledge of Nonviolence

Jim McGinnis

Alternatives has long encouraged all to place greater importance on relationships with people than on relationships to stuff. Jim helped me realize that tasks are every bit as much stuff as my bonsai or my books. Jim reflects on Luke 10:41-42 and describes Mary sitting at the feet of our Lord as "the receptive, listening person who can see through the disguise, discover the gift, and come away enriched." He writes, "we can always get back to the task, but we may not get another opportunity to be present to our child, our spouse, or this caller." Use these for a family Sabbath devotion weekly or try them daily through Lent and into the glory of the Easter season. Rise up to an Easter meditation on Play as Laughter and Silliness. 128 pp. $5 ACP



It's Not Fair

A Handbook on World Development for Youth Groups

Christian Aid

We want this resource in the hands of everyone who teaches teens and young adults. If you work with folks whose concerns tend toward fashion, decoration, trim, appearance ... the external stuff that comfortable westerners are able to be concerned about, and you'd like to stretch those concerns into areas that can bring our faith to life, buy this book today and put it to use tomorrow. Better yet, start using it yesterday!

Three sections lead a group from complacency to commitment – first on values: attitudes to money, competition & co-operation, hopes & expectations, images of the Third World; second on issues: food production and consumption, trade, conflict, human rights, debt, Christianity & politics; third on taking action: working for change, action for world development, tourism, worship resources for activists (worship as taking action!). These are tough, eye-opening activities that involve our heads and our hearts and our bodies.

Christian Aid is based in the U.K. and its motto is "We believe in life before death." This book is printed in the U.K. and the resource list is also U.K. based. We have enclosed a short list of US addresses, as well as a conversion chart for the few exercises that use pounds (£). 120 pp. $11. NOTFAIR